Joy on a spring day

by Rev. Joe Dirt - Sunday, May 02, 2021

https://www.curmudgeon-alley.com/joy-on-a-spring-day/



At <u>Creve Coeur Lake Park</u> where I ride my bicycle occasionally, they rent quadricycles. This Saturday, on the other side of the lake from the rental shack, I encountered one of these 4 wheeled, multi-passenger surreys with the fringe on top.

In the front seat were two 50ish, slightly overweight women, looking somewhat exhausted as they had just come up a steep incline. In the back seat, not pedaling, was another women. She appeared to be in her late 80s, and she was leaning over with her head between the heads of the women in the front seat. The older woman was laughing loudly and joyfully with a look of bliss on her face. Obviously being out on a beautiful spring day with these two women was bringing her much delight, despite the snail pace of their vehicle. She was so totally in the moment that she unknowingly shared her joy with me. What a nice, serendipitous gift on a Saturday morning.

Joy is where you find it.

Be well.